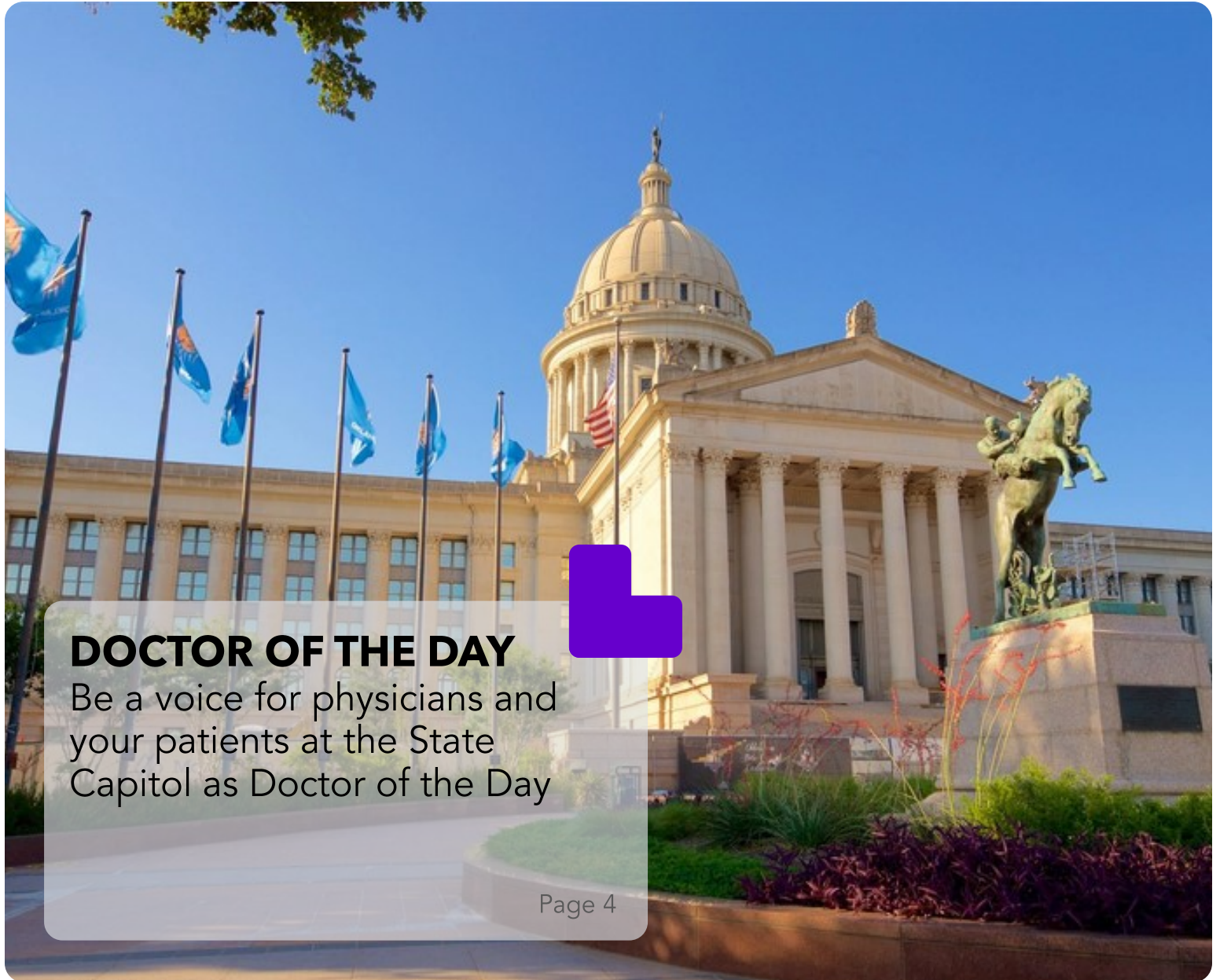


# TULSA MEDICINE

Tulsa County Medical Society | A Newsletter for the Medical Community


March 2023



## DOCTOR OF THE DAY


Be a voice for physicians and your patients at the State Capitol as Doctor of the Day

Page 4



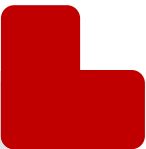
**President's Letter** - Sharon C. Smallwood, M.D.

Page 2



**TCMS Caucus** of the OSMA House of Delegates to meet

Page 3



**Welcome New Members** to TCMS and OSMA!

Page 5

# TULSA COUNTY MEDICAL SOCIETY PRESIDENT'S LETTER



**TULSA COUNTY  
MEDICAL SOCIETY**  
Physicians Advancing Health Care

## BOARD OF DIRECTORS

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## TULSA COUNTY MEDICAL SOCIETY & TCMS FOUNDATION

A : 5315 S Lewis Ave  
Tulsa, OK 74105  
P : 918.743.6184  
F : 918.743.0336  
E : [tcms@tcmsok.org](mailto:tcms@tcmsok.org)

## STAFF

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TCMS & TCMS Foundation  
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When I think of March, I immediately think of spring. And this year, I am more than ready for its arrival. I live for spring! I love this season of renewal, green trees, beautiful flowers in bloom, walks outdoors, cookouts with friends in the backyard, and warm, sunny days that await us as the days grow longer and the sunlight lasts longer.

And as a doctor, I also love the spring because it signals that we are coming to the end of a long cold and flu season. We are approaching the time of year that we get a much-needed break from treating these seasonal viruses, and I'm sure you're looking forward to that just as much as I am.

In terms of legislation, it seems there is always something going on, and it pays for us to be aware of the latest news. On March 9, our delegate caucus for the OSMA annual meeting will take place, and I hope you'll be involved. This is so vital to all we do as physicians. This year's state legislative session kicked off in February, and already, more than 3,000 bills have been introduced for discussion. Of these bills, approximately only 200 actually deal with medicine and healthcare, and of those, about 150 are simply shell bills that don't provide meaningful, substantive legislation. There is so much that can be done in Oklahoma, but it will only be done if we as physicians consistently make our voices heard.

March 21 is Medicine Day, the annual event which gives us an opportunity to meet one-on-one or in a group with our legislators and let our medical voice be heard. The afternoon legislative meet and greet takes place at the Oklahoma State Capitol, and is followed by a reception at the Harn Homestead. This provides a perfect way to reach out to our state representatives on issues that

matter most to us as physicians. You can find out more details about Medicine Day on the OSMA website. If you're unable to attend, remember that you can always reach out to your representatives by emails, letters and phone calls anytime throughout the year.

Finally, March 30 is National Doctors' Day. Held in the U.S. on the anniversary of the first use of general anesthesia in surgery, it is a day to celebrate all that we as individuals and as a collective group have contributed to our communities. It's a time to reflect on, remember and even chuckle about the crazy and heartfelt decisions we've made to become a doctor, the work it has taken to get where we are today, and the people we've had the privilege of helping over the years.

It also makes March a perfect month to pay attention to our own well-being. As a physician, I know as well as anyone that it all too easy to allow ourselves to get so busy that we neglect our own wellness. With spring season arriving, I encourage everyone (myself included) to find ways, however small, to enjoy the fresh air and sunshine, and take time for your own health and wellness in whatever ways are important to you. As we care for ourselves, we set ourselves up to be able to extend good care to those we serve through our practice.

Sharon C. Smallwood, MD  
TCMS President 2023

*"Keeping the faith requires you to have a place to hold it. That place is your heart!"*



**Sharon C.  
Smallwood, M.D.**  
TCMS President



# TCMS HOUSE OF DELEGATES CAUCUS

**THURSDAY, MARCH 9, 2023**

At TCMS Building  
6:00PM

RSVP 918.743.6184 at  
or to [mark@tcmsok.org](mailto:mark@tcmsok.org) or  
register using the button below.

- Delegate Meeting
- Resolution Workshop & Review
  - Learn about becoming a delegate
  - How the HoD works

Dinner provided for those who attend in-person, must RSVP. Zoom option also available for those who RSVP.

- Resolutions to discuss:
- Ban on Corporate Medicine
  - NBPAS Board Equivalency
  - And others

[CLICK HERE TO REGISTER](#)

## DR. HUSAIN PUBLISHES BOOK

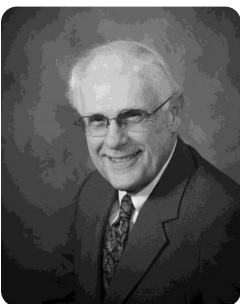


Dr. Shashi A. Husain, M.D. has been a practicing neurologist for many years in Tulsa. Her inspiration to become a writer came from her father who was a publisher and well-known writer.

Stories of a medical office's growth in a practice, sharing the humor of personalities, and intertwining the building of lives within the workplace.

*Front Office, can be found on Amazon in paperback or digital format.*

## IN MEMORIAM



**James Randolph Birch, MD**  
*TCMS Member since 1969*

Randy, as he was known to friends and family, was born in 1936 in Washington, PA. He had health issues as a young boy and that made him decide that he wanted to be a doctor when he grew up.

He received an offer to become a partner at Springer Clinic in Tulsa, Oklahoma and in 1969 the Birches moved here and lived in the same house on Utica Avenue for more than fifty years.

[Click Here](#) to view the full obituary.

## CALENDAR OF EVENTS

**March 9, 2023 - [REGISTER NOW](#)**

House of Delegates Caucus  
At TCMS, 5315 S. Lewis Avenue

**March 21, 2023**

Medicine Day at the Capitol  
*See Page 6 for more information*

**April 4, 2023**

ACOG's 5th Advocacy Day  
1 pm to 5 pm at 2300 N Lincoln Blvd,  
Oklahoma City, OK 73105 For more  
information contact Kate Arnold, MD at  
[katearnold@icloud.com](mailto:katearnold@icloud.com); 650-283-0530  
[Click Here to Register](#)

**April 13, 2023**

Tulsa OB-GYN Society Meeting  
At TCMS 6 PM  
RSVP to [joetta@tcmsok.org](mailto:joetta@tcmsok.org)

**OSMA 2023 Annual Meeting  
April 14-15**

April 14 - Inauguration of new OSMA  
President Diane Heaton, M.D.,  
at Southern Hills Country Club (\$95  
registration includes reception and dinner)  
April 15 - OSMA House of Delegates  
To register as a delegate or learn more  
about the annual meeting, [Click Here](#)

**Oklahoma State Dermatology &  
Dermatologic Surgery Society**

[OSDS Annual Social](#)

April 21, 2023 / 6 - 9 PM

CHK Central Boathouse

Featuring Elizabeth Speegle Band

[OSDS Annual Meeting](#)

April 22, 2023 / 7 AM - 4 PM

Nicholson Tower, Dean Gandy Auditorium

Contact Joetta Cunningham, TCMS

**The Mark Allen Everett, MD,  
Skin of Color Virtual Symposium**

May 5, 2023 - 7 AM-4 PM VIRTUAL

For more information contact Renee Wall:  
[renee-wall@ouhsc.edu](mailto:renee-wall@ouhsc.edu)

**PROPER PRESCRIBING VIRTUAL CME**

Friday, May 12, 2023; Noon-1 PM

To sign up or for more information, contact  
Sandy Deeba, 405-601-9571 or visit  
[www.okmed.org](http://www.okmed.org)

\*Signed into law in 2018, Oklahoma's Senate Bill 1446 mandates that all physicians complete one hour of CME in pain management per year. To help Oklahoma's physicians better understand how this new law impacts their practice and patients, the Oklahoma State Medical Association is hosting special CMEs in Oklahoma City and Tulsa.

# DOCTOR OF THE DAY RESERVE YOUR SPOT TODAY!

As part of our ongoing legislative relations, the Oklahoma State Medical Association manages the Oklahoma State Capitol's Doctor of the Day program. This program offers a great opportunity for our members to meet their state legislators and talk to them about issues that matter to the "House of Medicine." Each Doctor of the Day is at the Capitol for the day to handle minor medical situations (think aspirin and Band-Aids). But more importantly, participants can serve as the face of OSMA and visit with elected officials about the impact their votes have on Oklahoman's health.

Dates fill up quickly. If you are interested in serving as Doctor of the Day, please contact the TCMS office at 918.743.6184 or email [mark@tcmsok.org](mailto:mark@tcmsok.org) to reserve your date.

**CLICK HERE TO SIGN UP**

In addition, the TCMS Student-Resident Council has asked if any physician volunteering as Doctor of the Day would allow a student or resident to join them to the Capitol. Please let our staff know if you would be willing to have a student or resident join you.

**April 2023 Doctor of the Day Dates**  
**April 3-5, 11-12, 17-20, 24, 25, 27**  
**Hours: M, Noon-4pm & T, W, Th, 8am-4pm**



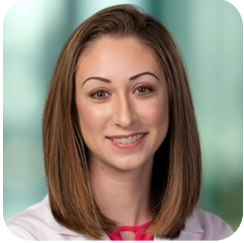
SUN	MON	TUE	WED	THU	FRI	SAT
2	3 Noon-4pm	4 8am-4pm	5 8am-4pm	6 Reserved	7	8
9	10	11	12	13	14	15
16	17 Noon-4pm	18 8am-4pm	19 8am-4pm	20 8am-4pm	21	22
23	24	25	26	27	28	29

## TCMS MEDICAL STUDENTS ENJOY TRIVIA NIGHT

Nearly 50 OU and OSU Medical Students enjoyed a Trivia Night at the Brook Downtown. First drink and appetizers were free and the winning team won QT gift cards. Thank you to MidFirst Bank for sponsoring the event.



# WELCOME NEW MEMBERS!



## Macey C. Hale, DO

Pediatrics  
Utica Park Clinic  
1501 N Florence Ave Ste 250  
Claremore, OK 74017  
918-701-1780



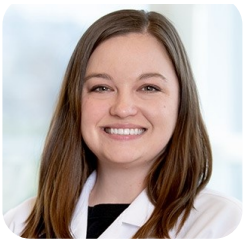
## Theresa L. Horton, MD

Pediatrics  
Utica Park Clinic  
10512 N 110th E Ave Ste 300  
Owasso, OK 74055  
918-376-8901 Fax: 918-376-8939



## Amanda M. Madden, DO

Pediatrics  
On Call Pediatrics  
12150 E. 96th St N Ste 101  
Owasso, OK 74055  
918-716-5437



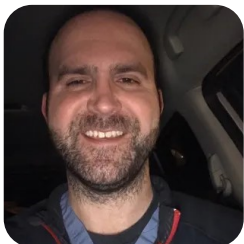
## Caroline M. Markey, MD

OB-GYN  
OU-Tulsa  
4444 E. 41st St  
Tulsa, OK 74135  
918-619-4200



## Caleb J. Scheckel, DO

Hematology/Oncology  
Internal Medicine  
OSCRI  
12697 E 51st St S  
Tulsa, OK 74146



## Michael J. Scott, DO

Pulmonology & Critical Care Medicine  
OK Pulmonary Care LLC  
1245 N Birch Ave  
Broken Arrow, OK 74012



## Nicole B. Washington, DO

Psychiatry  
Elocin Psychiatric Services, PLLC.  
7633 E. 63rd Place Ste 300  
Tulsa, OK 74133  
918-994-2347

Welcome Remedy Health Physicians!



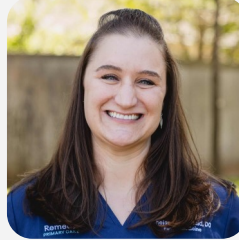
## Tiari A. Harris, MD

Occupational Medicine/Primary Care  
3345 S Harvard Ave Bldg 200 Ste 201  
Tulsa OK 74135  
918-262-4502 Fax: 918-238-6630



## Jason D. Macias, DO, MS

Internal Medicine  
3315 S Elm Pl  
Broken Arrow, OK 74012  
918-509-3990 Fax: 918-238-6614



## Chelsea L. McDonald, DO

Family Medicine  
8551 N 125th E Ave Ste 175  
Owasso, OK 74055  
918-884-7699



## Hillary E. Pane, MD

Psychiatry/Family Medicine  
3345 S Harvard Ave Bldg 200  
Ste 201  
Tulsa OK 74135  
918-262-4502 Fax: 918-238-6630



## Kaitlin Sauser, DO

Family Medicine  
3315 S Elm Pl  
Broken Arrow, OK 74012  
918-509-3990 Fax: 918-238-6614



## Corey S. Schoenewe, DO

Combat Sports/Family Medicine  
3315 S Elm Pl  
Broken Arrow, OK 74012  
918-509-3990 Fax: 918-238-6614



# TULSA MEDICINE

A Newsletter for the Medical Community | March 2023

Tulsa County Medical Society

5315 S. Lewis Avenue

Tulsa, OK 74105-6539

**You chose a path to care for others.**

We're here to protect and defend you every step of the way.



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